

# **RAIDERS**

## **UNIVERSITY OF MOUNT UNION - RECREATION AND WELLNESS - PERSONAL TRAINING**

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**- FREE TO ALL STUDENTS, FACULTY AND STAFF -**



**TRAINERS ARE  
AVAILABLE**

**PLEASE REACH OUT TO MATT PARNELL FOR  
MORE INFORMATION OR TO SET UP AN  
APPOINTMENT**

**(330)829-8990**

**[PARNELMA@MOUNTUNION.EDU](mailto:PARNELMA@MOUNTUNION.EDU)**